# **EXTRACTION IN ACTION**

Jennifer Mathis, DVM,CVPP, DAVDC Vanessa Huizar.

LVT, VTS Dentistry





# DOGS 42 & CATS 30

the number of tooth 'patients' in each pet





Best Friends Kanab, Utah January 2017

sel Day total extractions 569 periodental Sx 4 restrations 4 3 rotcanal mass removals man dibulectory 2 ERING **ANIM** Best F 2017

All Day total extractions 97.5% 569 periodental Sp 4 restrations 4 rot canal 3 mass removals 2 Mandibulectory ( RING 2017 Best H



#### DENTAL ELEVATOR

- ► Elevator vs. *Luxators* 
  - Winged vs straight
- ► *Sharp* working head
- ► Shape to fit root
- ► Place with forces
  - ► Fatigue PDL
  - ►(sing elevator music)





#### **EXTRACTION EQUIPMENT**

Small breed extraction forceps; modified Rongeurs

- ► Scalpel blade 15
- ≻'Zombie'
- ► Suture
  - ►Monofilament
  - ►4-0 to 5-0
  - Reverse cutting
  - ► Tapered cats



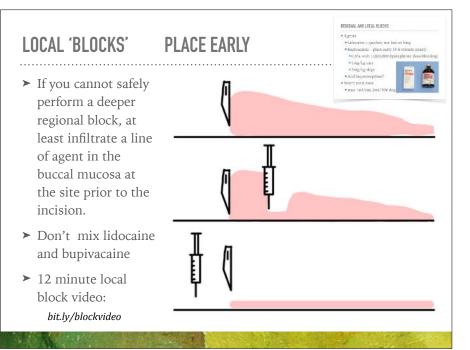


# LOUPES

see more/find more; sit up - more ergonomic







#### PRE-OPERATIVE INTRAORAL RADIOGRAPHS

- ►Documentation (charting)
- ►Anatomical abnormalities
  - ►extra roots
  - ≻fused roots
  - ≻curved roots (dilaceration)
- ► Pathology
  - ► tooth resorption
  - ►root fracture
  - ≻crown fracture



## ADDITIONAL PROBLEMS; MAY ALTER EXTRACTION CHOICES

# Thin Mandibular BoneNeoplastic Changes





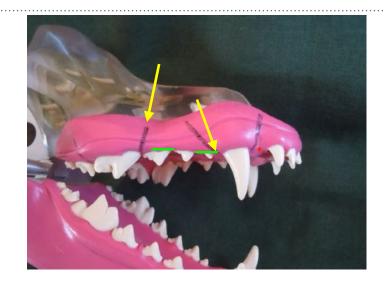




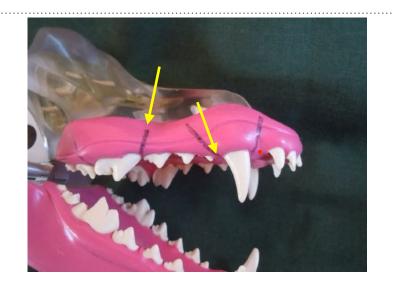
#### **EXTRACTION STEPS – SYSTEMATIC**

- ► Gingival Flap (plan flap closure before flap creation)
- Remove minimal alveolar bone; access furcation; crescent groove PDL space
- ► Section tooth if multiple roots
- ► Elevate tooth segment(s)
- ► Finish site curette, (Serrated 2/4 Molt)
- ►Alveoloplasty/smoothing
- ►*Release* and suture flap

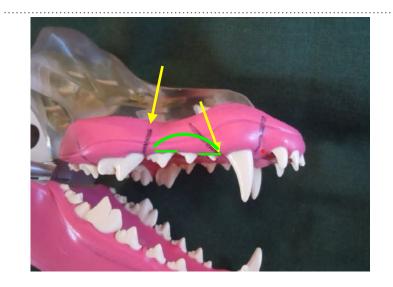
#### MAXILLARY RELEASING INCISIONS



#### MAXILLARY RELEASING INCISIONS



#### MAXILLARY RELEASING INCISIONS



#### MAXILLARY RELEASING INCISIONS



Ritchie JVD March 2018: Modified Technique for Extraction Site Closure of the Maxillary Molar

## **GINGIVAL FLAP – MANDIBULAR CANINE**

- ► Releasing incision
  - ► From distal aspect
  - ►Y-shaped with lingual and buccal extensions
  - ►At mesial aspect buccally
- ► Elevate to access the distal aspect of tooth





## **GINGIVAL FLAP – MANDIBULAR CANINE**



► Releasing incision

- ► From distal aspect
- ►Y-shaped with lingual and buccal extensions
- ►At mesial aspect buccally
- ► Elevate to access the distal aspect of tooth



## ELEVATE FLAP **Buccal Flap**







## Which flap has the most blood supply and least suturing?



Square flap Triangle flap Envelope flap

## **USE OF A PERIOSTEAL ELEVATOR FOR FLAP CREATION**

- ► how to hold, side use
- ► sharp instruments are less likely to slip



#### **ELEVATE FLAP**

- ► Periosteal elevator
- ► Elevate attached gingiva, extending under the alveolar mucosa a few millimeters
  - ➤ gingiva vs. mucosa
- ► Past the mucogingival line
  - ► Don't bluntly dissect any further than is necessary; we can always cut more



## **USE OF A PERIOSTEAL ELEVATOR FOR FLAP CREATION**

► how to hold, side use



#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap



## **Dental Bur Suggestions**

cal Bone PDL s	sides Tooth sectionin
2 1/	2 701 +/- surgical lengt
1/2 1/	4 699
the second se	

#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap



## **Dental Bur Suggestions**

	Buccal Bone	PDL sides	Tooth sectioning
Dog	2	1/2	701 +/- surgical length
Cat	1/2	1/4	699

#### Consider 329 or 330 pear burs as alternatives for all uses in cats

#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap



## **Dental Bur Suggestions**

	Buccal Bone	PDL sides	Tooth sectioning
Dog	2	1/2	701 +/- surgical length
Cat	1/2	1/4	699

Consider 329 or 330 pear burs as alternatives for all uses in cats

#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- ➤Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap



## **Dental Bur Suggestions**

	Buccal Bone	PDL sides	Tooth sectioning
log	2	1/2	701 +/- surgical length
Cat	1/2	1/4	699

Consider 329 or 330 pear burs as alternatives for all uses in cats

#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap



## **Dental Bur Suggestions**

og	2	1/2	701 +/- surgical length
at	1/2	1/4	699

#### **ALVEOLAR BONE REMOVAL**

- ► Mesial/distal grooves
- Remove ~1/4 of buccal bone - not much buccally, but interdentally, if envelope flap
- ► Expose root at its thickest
- Remove additional bone as necessary





#### MANDIBULAR CANINE; EXPOSE THE ROOT AT ITS THICKEST

➤ The largest diameter of the root:



 Never take anything bigger out of a smaller hole unless you've had an epidural and can name it afterwards.

#### **ALVEOLAR BONE REMOVAL**

- ► Expose furcation
  - ► Multi-rooted tooth
- ► Additional as necessary
  - ► Cortical bone
  - ►Interseptal bone
    - Remove bone in between roots for better exposure





#### **SECTION TEETH**

- ► From furcation
- ► Crosscut fissure bur with coolant
- ≻Protect soft tissue



Round bur to remove the periodontal ligament and create a space for the elevator to work. Extend the periodontal ligament "troughs" removing the mesial cusp of the mesiobuccal root. Also this removes a diamond portion of the crown for best elevator access.

#### MAXILLARY 4TH PREMOLAR









#### MAXILLARY 4TH PREMOLAR



#### MAXILLARY FIRST MOLAR

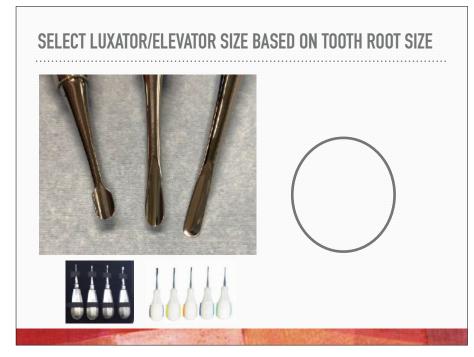
 Difficult to flap if only extraction



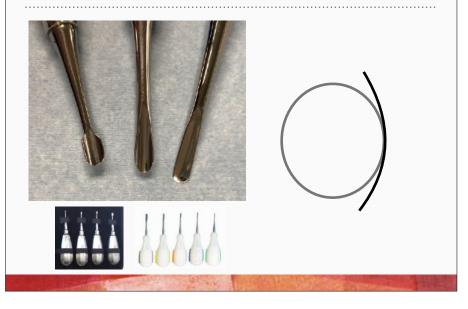
- > Elevate palatal mucosa and close behind 4th premolar
- ► Extracting 2<sup>nd</sup> molar gives better flap
- ► Section into







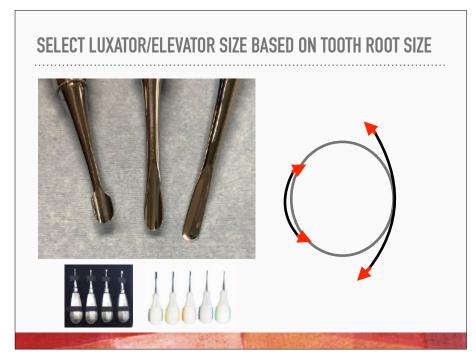
#### SELECT LUXATOR/ELEVATOR SIZE BASED ON TOOTH ROOT SIZE



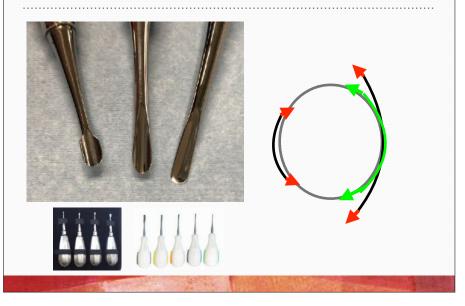


## SELECT LUXATOR/ELEVATOR SIZE BASED ON TOOTH ROOT SIZE





#### SELECT LUXATOR/ELEVATOR SIZE BASED ON TOOTH ROOT SIZE



### LUXATOR OR ELEVATOR?

- ► Luxator
  - ≻Thin, flatter
  - ► Mainly to incise PDL
  - ► Press and hold, no twist
- ► Winged Elevator
  - ►Advance into PDL space
  - ► Can scoop to next location
  - Hold 10 sec, attempt advance depth, hold/be patient







#### **ELEVATION FORCES**

- ► Deliberate, patient
- ► Control elevator
  - ►Advance into PDL space
  - ► Finger stop
  - ►Not lateral luxation upper canine
- ►Between teeth

>

► Between tooth segments



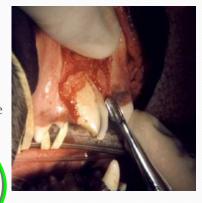
#### **ELEVATION FORCES**

- ►Deliberate, patient
- ► Control elevator
  - ►Advance into PDL space
  - ► Finger position
  - ►Not lateral luxation upper canine
- ► Between teeth
- ► Between tooth segments
- ►Scoop not twist
- ► Sing elevator music
- ► Practice to get to 2 minutes per root...



#### **ELEVATION FORCES**

- ►Deliberate, patient
- ► Control elevator
  - ► Advance into PDL space
  - ► Finger position
  - ►Not lateral luxation upper canine
- ►Between teeth
- ► Between tooth segments
- ►Scoop not twist
- ► Sing elevator music
- ► Practice to get to 2 minutes per root...



## SMALL MANDIBLE EXTRACTIONS

- ► Cup mandible with supporting hand
- ► Remove interseptal bone, preserve buccal bone if possible
- ► "May be fragile"



#### **EXTRACTION FORCEPS**

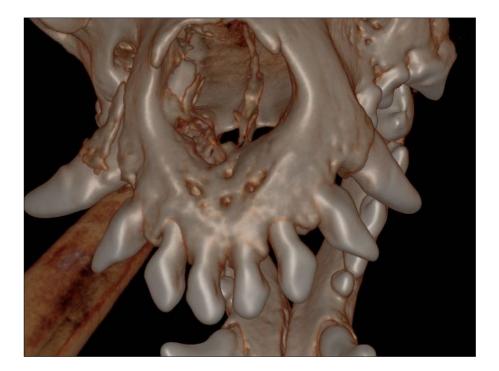
- ►Don't use force
- ►Grasp gently
- ► Gentle rotation, then hold
  - ► Be cautious with curving roots, especially maxillary teeth



#### **MAXILLARY CANINES**

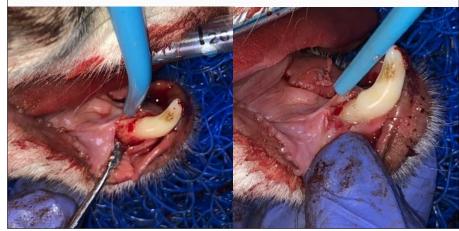
- Additional buccal bone removal
- Don't elevate crown laterally
- ► Watch palatal area

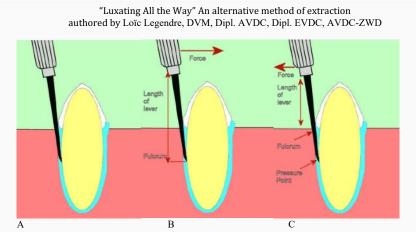




#### MANDIBULAR CANINES

► Remove bone in the 'triangle' overlying the tooth





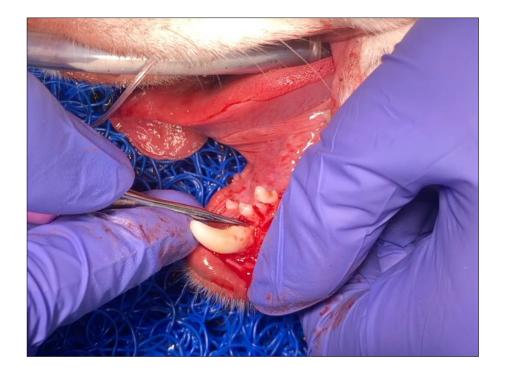
#### Figure 1:

A. Luxator properly wedged into periodontal ligament space.

B. Correct way to apply pressure to the root being extracted; Longer lever allows for more force and the pressure between luxator and root is spread over large area.

C. Incorrect way to apply pressure to the root; shorter lever means smaller force, there are also 2 pressure points. One at the end of the luxator against the tooth and one mid shaft of the luxator against the alveolar bone. These result in both patient and instrument damage.

Apply pressure for 30 seconds.



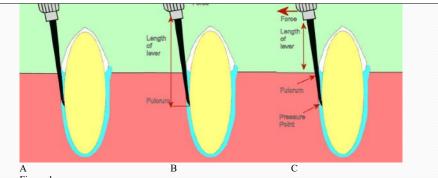


Figure 1:

A. Luxator properly wedged into periodontal ligament space.

B. Correct way to apply pressure to the root being extracted; Longer lever allows for more force and the pressure between luxator and root is spread over large area.

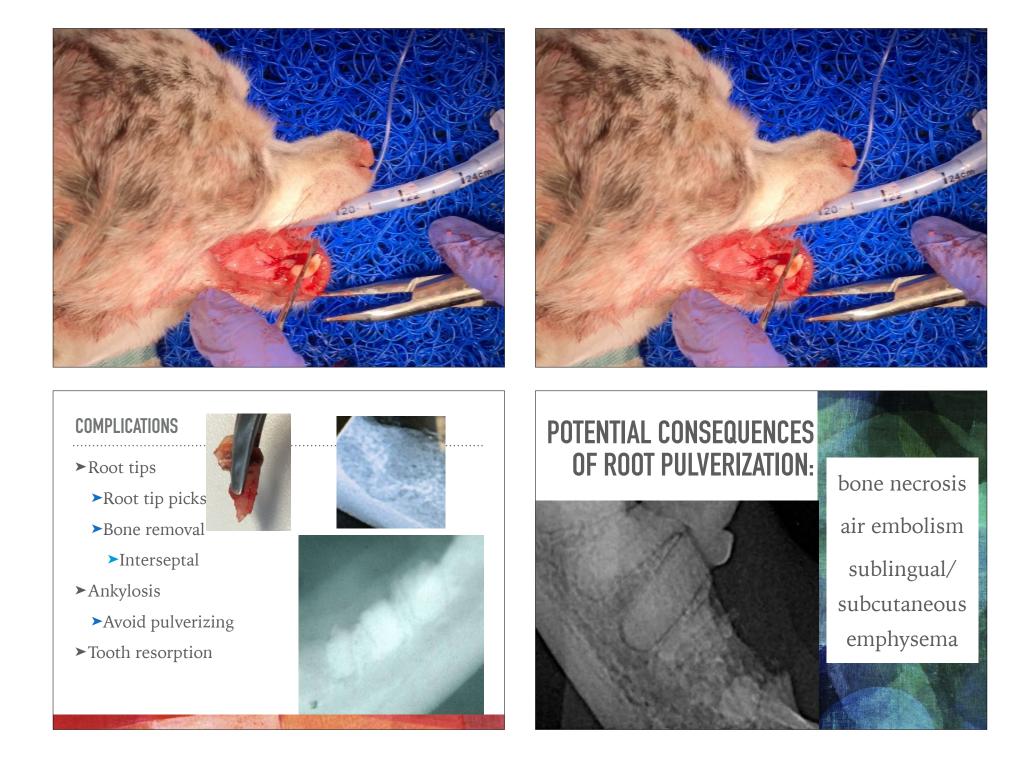
C. Incorrect way to apply pressure to the root; shorter lever means smaller force, there are also 2 pressure points. One at the end of the luxator against the tooth and one mid shaft of the luxator against the alveolar bone. These result in both patient and instrument damage.

#### Apply pressure for 30 seconds.

Repeat on other side of the root. Most of the luxating is done on mesial and distal surfaces of roots. When root has 1 to 2 mm motion with only digital pressure, use extractor forceps to rotate root and extract.

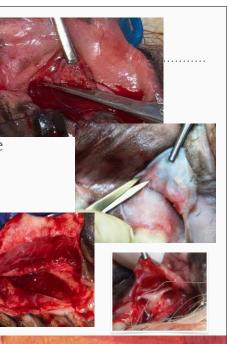
Curette alveolus, flush. Smooth out bone. Fenestrate periosteum at base of flap to release tension. Suture flap closed, inverted cross mattress or single interrupted sutures.





#### **RELEASE FLAP**

- ≻Lift flap
- ►Incise periosteal fibers
  - ➤On the underside of the elevated flap
  - ► Grasp the edge and lift
  - ►Incise fibers
- ► Release tension
  - ►Essential step!
- ► Release palatal/lingua



#### **RELEASE FLAP**

- ≻Lift flap
- ►Incise periosteal fibe
  - ➤On the underside elevated flap
  - ► Grasp the edge and
  - ►Incise fibers
- ► Release tension
  - ► Essential step!
- ►Release palatal/lingu



## FINISHING

- ► Curettage
  - ► hand curette
  - ►EX-58S
  - ►osteomyelitis?





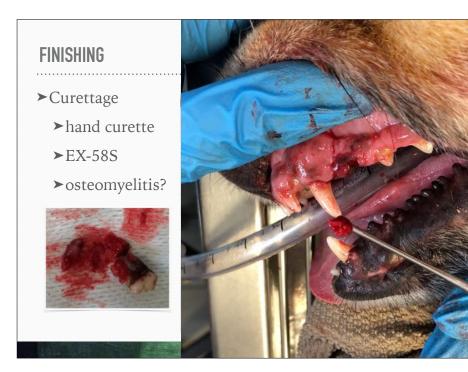
## FINISHING

- ► Curettage
  - ≻hand curette
  - ►EX-58S
  - ►osteomyelitis?









#### FINISHING

- ► Alveoloplasty
- ►Graft?
  - ► Osseopromotive
- ≻Suture
  - ► Minimize tension
  - ► collar of gingiva
  - monofilament; cutting/taper
  - ► chromic gut is appropriate



### MAXILLARY MOLARS CLOSURE; GOAL TIGHT GINGIVAL COLLAR



#### MAXILLARY MOLARS CLOSURE; GOAL TIGHT GINGIVAL COLLAR



Ritchie JVD March 2018; Modified Technique for Extraction Site Closure of the Maxillary Molars

## Split Flap

- An alternative when evaluating gingiva and mucosa
- Ensure gingiva, not mucosa is replaced as a tooth collar





## Split Flap





#### WE WISH WE HAD KNOWN SOONER REGARDING ORAL SURGERY:

- Don't use one pair of scissors for everything
- Don't use PDS or braided suture in the mouth
- Do use poliglecaprone25; chromic gut can be good
- ► Always create a flap, and ensure tension free closure
- Elevate both sides of your extraction site (palatal/lingual)
- Cruciate and short continuous closures may be appropriate



#### WE WISH WE HAD KNOWN SOONER Regarding oral surgery:

- Use slow controlled pressure to fatigue the PDL during extractions.
- ► Sing elevator music.
- ► Always use a finger stop
- Should plan to use a 'zombie' every time you use a bur

# **ADDITIONAL RESOURCES**

tooth.vet/wvc-lectures VetCEYoullUse on facebook



